



DANCE WITH ME

BABIES AND TODDLERS AGE 0-5

A JOY-FILLED, INTERACTIVE DANCE CLASS
FOR KIDS AND THEIR CAREGIVERS!

FRIDAYS 9:30-10:15AM
JUNE 5, 12, 19

\$10 (1 CHILD)

\$15 (2 OR MORE CHILDREN)

AT THE DANCE SANCTUARY
68 MAIN ST, SARANAC LAKE

THE DANCE SANCTUARY

JUNE **TEEN/ADULT** **CLASSES**

\$15 / drop-in class
\$40 / full session per
class

MAY 31
JUNE 7
JUNE 14
JUNE 21

SUNDAYS AT MAIN ST STUDIO

*Cardio
dance*

With Meg

*Wear clean, dry
sneakers

**5-6
PM**

*Teen/
Adult
Jazz*

With Marissa

**6-7
PM**

*Teen/
Adult
Int/Adv
Hip Hop*

With Maggie

**7-8
PM**

REGISTER WITH

thedancesanctuary@gmail.com

68 Main St, Saranac Lake



Tutu Tales & Dragon Dreams

♥ DANCE CAMP ♥

Combining creative movement, beginner ballet skills, crafts & dress up for a *fun, imaginative dance camp!*



July 6 - 9

Tutu Tales & Dragon Dreams



9:00 AM - 11:00 AM



\$160



Ages 4 - 6

A WORLD OF
*imagination,
movement &
magic*

♥ LET'S DANCE, DREAM & PLAY! ♥



TO REGISTER PLEASE EMAIL:
thedancesanctuary@gmail.com



COMPANY

AUDITION WEEK

TRAIN, CONNECT, PERFORM.
BE YOUR BEST.



TRAIN
YOUR SKILLS



BUILD
CONNECTIONS



LEARN
CHOREOGRAPHY



EARN
YOUR SPOT

**AUDITIONS AT THE
END OF THE WEEK!**

REQUIREMENTS FOR
FALL SEMESTER:

BALLET • JAZZ • COMPANY



SUNDAY
AUGUST 2
1 PM – 6 PM



MONDAY – THURSDAY
AUGUST 3 – 6
9 AM – 2 PM

COST
\$300
FOR THE WEEK



EMAIL
[THEDANCESANCTUARY@GMAIL.COM](mailto:thedancesanctuary@gmail.com)
to register!




OPEN FOR DANCERS
GOING INTO 3RD GRADE
THROUGH SENIOR YEAR
OF HIGH SCHOOL!


RIVERTRAIL DANCE NIGHTS




2026 DATES

WHERE COMMUNITY LIFTS
EVERY DANCER
Creating a Legacy in Motion

 April 21 • *Country Line*

 May 19 • *Latin Dance*

 June 2 • *Country Line*

June 16 • *Country Line*

Free & Fun for Everyone

6:30pm-7:30pm



KETTLEBELL MINI SESSION



STARTS
FRIDAY, MAY 29

MONDAY, WEDNESDAY, FRIDAY
UNTIL

FRIDAY, JUNE 19



10 CLASSES FOR \$100

.....
\$15 FOR A DROP-IN CLASS

.....
TIME: 5:15 AM TO 6:00 AM

REGISTER AT
THEDANCESANCTUARY@GMAIL.COM

BRING YOUR OWN KETTLEBELLS!

ALL KINGS AND QUEENS WELCOME!



LOCATED AT
THE MAIN STREET STUDIO IN SL



POP STARS & BROADWAY BOUND

DANCE CAMP

 **JULY 20-23**
9 - 11AM (M-TH)

 **\$160**

Combine Hip Hop,
Jazz + Contemporary
styles for a
showstopping
week of
glam + glitter!



★ **FOR 1ST GRADE AND UP!** ★

★ TO REGISTER PLEASE EMAIL: THEDANCESANCTUARY@GMAIL.COM ★



STEP IT UP & STOMP IT OUT



DANCE CAMP



Combining basic hip hop style step skills with body beats and props for an energetic, rhythmic camp!

FOR
3RD GRADE
AND UP



JULY 6 - 9
2PM - 4PM
(M - TH)



\$160



**STEP IT UP
& STOMP IT OUT
DANCE CAMP**



DON'T JUST DANCE IT. OWN IT.



TO REGISTER PLEASE EMAIL:



THEDANCESANCTUARY@GMAIL.COM





BALLET BARRE & *Beyond!*

Looking to learn & try new skills,
master jumps and turns, prepare for
company auditions, and stay flexible
over the summer?



JUNE | JULY

June 1, 8, 15, 22, 29

July 6, 20, 27



4:30 – 6:00 PM

LEVELS 2/3

\$240



6:00 – 7:45 PM

LEVELS 4/5/6

\$280

This camp consists of weekly classes that combine
skills, stretching, fitness + fun all in one!



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